

2020

Alcohol and Drug Abuse Prevention Handbook

OHIO CHRISTIAN UNIVERSITY
OFFICE OF STUDENT DEVELOPMENT

Table of Contents

Applicable Definitions	2
Substance Abuse Policies.....	3
Employee Policy	3
Drug Testing	3
Traditional Undergraduate Student Policy.....	3
Drug Testing	4
Adult and Graduate School (AGS) Student Policy.....	4
Trailblazer Academy Student Policy (College Credit Plus program).....	4
Ohio Laws.....	4
Health Risks	6
Associated with Alcohol Abuse.....	6
Short-Term Health Risks	6
Long-Term Health Risks.....	6
Associated with Illicit Drug Abuse.....	7
Available Programs.....	14
Reconciliation Process	14
Counseling Services	14
Hotlines	14
Disciplinary Sanctions	14
Employee Sanctions	14
Student Sanctions.....	15
Drug offenses	15
Alcohol Offenses	15

Applicable Definitions

University: The University shall always refer to Ohio Christian University unless otherwise specified.

Trailblazer Academy: Ohio Christian University's College Credit Plus program with local and national high school students.

College Credit Plus Program: Program that allows students to take undergraduate college classes while still attending high school.

CCP: College Credit Plus

Circleville Campus: The main University Campus located at 1476 Lancaster Pike Circleville, Ohio.

Illegal or Illicit Drugs: Illegal drugs are drugs which are illegal to possess or use. Illicit drugs are drugs which maybe legal when properly prescribed by a doctor but can be subject to abuse and/or government regulation.

Substance Abuse Policies

Employee Policy

Ohio Christian University is committed to maintaining a safe and healthy workplace free of drugs and alcohol and prohibits drug and alcohol abuse by its employees.

As a condition of employment with the University, employees shall not use, manufacture, distribute, sell, purchase, transfer, or possess any drug, including a prescription or over-the-counter drug that might adversely impair performance while on University property or engaged in University business, no matter the location.

Prescription or over-the-counter drug use must be within the limits of a valid prescription and/or manufacturer's guidelines. Such use must not adversely impair the individual's ability to function safely and effectively, or adversely affect judgment or perception.

Unauthorized alcohol possession or consumption while conducting University business, on University-owned or controlled property, or in University-owned, controlled, or rented vehicles is prohibited. Additionally, employees are not to be at work while under the influence of alcohol.

Drug Testing

Ohio Christian University may require a blood test, urinalysis, hair test, or other drug or alcohol screening of employees reasonably suspected of using or being under the influence of drugs or alcohol in violation of this policy, or where other circumstances or workplace conditions justify such testing. The refusal to consent to testing may result in disciplinary action, including termination

Smoking and Tobacco Policy

Any use of tobacco products or vaping are prohibited by Ohio Christian University employees on university premises and/or during working hours.

Should you have a question, complaint, or dispute about smoking or tobacco use in the workplace, contact the Office of Human Resources.

Student Policy

The possession, sale, and/or use of alcoholic beverages of any description, non-medical narcotics, or hallucinogenic drugs, including marijuana, is completely and strictly prohibited on the campus of Ohio Christian University, denominational property, or by any student of the University. Those in violation risk immediate dismissal and will be subject to civil penalty as well. The University will cooperate with government agencies enforcing state and federal laws pertaining to underage drinking and illegal or illicit drugs.

All tobacco is prohibited on the University campus and denominational grounds at all times. It is expected that any student who has a habit of tobacco use will make every effort to quit. Counseling and other assistance is available. The University reserves the right to enforce accountability guidelines when deemed necessary.

Drug Testing

Ohio Christian University reserves the right to establish policies for conducting drug tests on student athletes. These scenarios include but are not limited to: testing for reasonable cause or suspicion, post-accident, return to school or athletic play, or follow up testing as required by law or as may be determined to be appropriate by Ohio Christian University. Each Student has the right to refuse to be tested; any refusal to be tested will be construed as a “drug positive” test result and will be subject to the consequences as listed in this policy.

Trailblazer Academy Student Policy (College Credit Plus program)

Regardless if you take a course on the university campus, online or at your high school through the dual enrollment option, the possession and use of alcoholic beverages, non-medical narcotics or drugs are prohibited by any student of the university (includes CCP). Those in violation risk immediate dismissal and will be subject to civil penalty as well. Counseling and other assistance is available. The university reserves the right to enforce accountability guidelines when deemed necessary. Ohio Christian University is an alcohol, drug and tobacco free environment.

Ohio Laws

This list is not meant to be an exhaustive list of law regarding controlled substances.

Ohio Revised Code (ORC) Section 2925.02 provides that no person shall knowingly corrupt another with drugs by inducing or forcing them to use a controlled substance.	PENALTY FOR VIOLATION: Mandatory imprisonment from 6 months to 10 years, depending upon amount and type of drug involved and history of previous drug abuse offenses.
ORC 2925.03 provides that no person shall knowingly "traffic" in controlled or illicit substances, including marijuana. Trafficking includes selling, offering to sell, delivering, distributing, preparing, cultivating, and manufacturing of controlled substances.	PENALTY FOR VIOLATION: Mandatory fines range from \$100 to \$20,000, depending on offense and drug involved. Mandatory jail sentences range from 6 months to 10 years.
ORC 2925.11 provides that no person shall knowingly obtain, possess, or use a controlled substance.	PENALTY FOR VIOLATION: Drug abuse involving amounts of marijuana less than 100 grams carries a penalty of \$100. Other violations involving marijuana result in mandatory jail terms of not more than 8 years and mandatory fines of \$15,000. Drug abuse offenses involving other drugs may result in jail terms of up to 10 years and fines of \$20,000.
ORC 2925.12 provides that no person shall make obtain, possess, or use drug abuse instruments.	PENALTY FOR VIOLATION: A first offence can carry a jail term of up to 90 days and fines of \$750.

ORC 2925.14 provides that no person shall knowingly use, possess with purpose to use, sell, manufacture or advertise drug paraphernalia.	PENALTY FOR VIOLATION: Depending upon the facts, imprisonment up to 6 months and fines up to \$1,000.
ORC 2925.31 provides, except for lawful research, clinical, medical, dental, or veterinary purposes, no person with intent to induce intoxication or similar effect, shall obtain, possess, or use a harmful intoxicant.	PENALTY FOR VIOLATION: Up to \$1,000 and 6 months in jail.
ORC 2925.37 provides that no person shall knowingly possess, make, sell, or deliver counterfeit controlled substances.	PENALTY FOR VIOLATION: Depending upon the facts, the penalty can be up to 180 days in jail and a \$1,000 fine, but aggravating circumstances can cause the offense to become a felony of the fourth degree with prison terms between 6-18 months and a fine up to \$5,000.
ORC 4301.63 provides that no person under the age of 21 years shall purchase beer or intoxicating liquor.	PENALTY FOR VIOLATION: A fine of not less than \$25 nor more than \$100 may be imposed. The court may order that the fine be paid by the performance of public work at a reasonable hourly rate established by the court and shall designate the time within which the public work shall be completed.
ORC 4301.631 provides that no underage person can purchase low alcohol beverages, that no person may furnish low alcohol beverages to an underage person, and that no person shall allow underage persons to consume low alcohol beverages on his/her property.	PENALTY FOR VIOLATION: Punishments for violating ORC 4301.631 range from fines of \$25 to \$250 and imprisonment up to 30 days.
ORC 4301.633 provides that no person shall knowingly furnish any false information as to the name, age, or other identification of any person under 21 years of age for the purpose of obtaining beer or intoxicating liquor for a person under 21 years of age, by purchase or as a gift.	PENALTY FOR VIOLATION: Misdemeanor of the first degree. The maximum penalty is imprisonment for not more than 6 months and a \$1,000 fine.
ORC 4301.634 provides that no person under the age of 21 years shall knowingly show or give false information concerning his name, age, or other identification for the purpose of purchasing or otherwise obtaining beer or intoxicating liquor in any place in this state where beer or intoxicating liquor is sold under a permit issued by the department of liquor control.	PENALTY FOR VIOLATION: Misdemeanor of the first degree. The maximum penalty is imprisonment for not more than 6 months and a \$1,000 fine.
ORC 4301.64 prohibits the consumption of any beer or intoxicating liquor in a motor vehicle.	PENALTY FOR VIOLATION: Misdemeanor of the fourth degree. The maximum penalty is imprisonment for not more than 30 days and a \$250 fine.
ORC 4301.69(A) prohibits selling beer or intoxicating liquor to a person under the age of 21 years, or buying it for or furnishing it to such a person.	PENALTY FOR VIOLATION: Misdemeanor. The maximum penalty is imprisonment for not more than 6 months and a fine of not less than \$500 and no more than \$1,000.

<p>ORC 4301.69(E) provides that no underage person shall knowingly possess or consume any beer or intoxicating liquor, in any public or private place, unless he is accompanied by a parent, spouse, or legal guardian, who is not an underage person, or unless the beer or intoxicating liquor is given for medical or religious purposes.</p>	<p>PENALTY FOR VIOLATION: Misdemeanor of the first degree. The maximum penalty is imprisonment for not more than 6 months and a \$1,000 fine.</p>
<p>ORC 4511.19 prohibits any person from driving a motor vehicle while under the influence of alcohol and/or any drug of abuse.</p>	<p>PENALTY FOR VIOLATION: Misdemeanor of the first degree. The maximum penalty is imprisonment for not more than 6 months and a \$1,000 fine, in addition to license suspension. Penalties for repeat offenders can result in up to 5 years in prison.</p>

Health Risks

Associated with Alcohol Abuse

According to the Centers for Disease Control and Prevention (<http://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm>), drinking too much can harm your health. Excessive alcohol use led to approximately 88,000 deaths and 2.5 million years of potential life lost (YPLL) each year in the United States from 2006 – 2010, shortening the lives of those who died by an average of 30 years. Further, excessive drinking was responsible for 1 in 10 deaths among working-age adults aged 20-64 years.

Short-Term Health Risks

Excessive alcohol use has immediate effects that increase the risk of many harmful health conditions. These are most often the result of binge drinking and include the following:

- Injuries, such as motor vehicle crashes, falls, drownings, and burns.
- Violence, including homicide, suicide, sexual assault, and intimate partner violence.
- Alcohol poisoning, a medical emergency that results from high blood alcohol levels.
- Risky sexual behaviors, including unprotected sex or sex with multiple partners. These behaviors can result in unintended pregnancy or sexually transmitted diseases, including HIV.
- Miscarriage and stillbirth or fetal alcohol spectrum disorders (FASDs) among pregnant women.

Long-Term Health Risks

Over time, excessive alcohol use can lead to the development of chronic diseases and other serious problems including:

- High blood pressure, heart disease, stroke, liver disease, and digestive problems.
- Cancer of the breast, mouth, throat, esophagus, liver, and colon.
- Learning and memory problems, including dementia and poor school performance.

- Mental health problems, including depression and anxiety.
- Social problems, including lost productivity, family problems, and unemployment.
- Alcohol dependence, or alcoholism.

Associated with Illicit Drug Abuse

Commonly used illegal drugs include marijuana, heroin, cocaine, amphetamines and methamphetamines and club drugs. This list provides examples of their commercial and street names, how they are administered, their effects, health risks and other information. This list and more information can be found at <http://www.casacolumbia.org/addiction/commonly-used-illegal-drugs>.

CANNABINOIDS		
Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
MARIJUANA	Blunt, dope, ganja, grass, herb, joint, bud, Mary Jane, pot, reefer, green, trees, smoke, sinsemilla, skunk, weed	I/smoked, swallowed
HASHISH	Boom, gangster, hash, hash oil, hemp	I/smoked, swallowed

Acute Effects: Euphoria; relaxation; slowed reaction time; distorted sensory perception; impaired balance and coordination; increased heart rate and appetite; impaired learning, memory; anxiety; panic attacks; psychosis

Health Risks: Cough; frequent respiratory infections; possible mental health decline; addiction

OPIOIDS		
Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**

OPIOIDS

HEROIN	Diacetylmorphine: smack, horse, brown sugar, dope, H, junk, skag, skunk, white horse, China white; cheese (with OTC cold medicine and antihistamine)	I/injected, smoked, snorted
OPIUM	Laudanum, paregoric: big O, black stuff, block, gum, hop	II, III, V/swallowed, smoked

Acute Effects: Euphoria; drowsiness; impaired coordination; dizziness; confusion; nausea; sedation; feeling of heaviness in the body; slowed or arrested breathing

Health Risks: Constipation; endocarditis; hepatitis; HIV; addiction; fatal overdose

STIMULANTS

Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
COCAINE	Cocaine hydrochloride: blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, toot	II/snorted, smoked, injected
AMPHETAMINE	Biphphetamine, Dexedrine: bennies, black beauties, crosses, hearts, LA turnaround, speed, truck drivers, uppers	II/swallowed, snorted, smoked, injected

STIMULANTS

METHAMPHETAMINE	Desoxyn: meth, ice, crank, chalk, crystal, fire, glass, go fast, speed	II/swallowed, snorted, smoked, injected
-----------------	--	---

Acute Effects: Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis

Health Risks: Weight loss; insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction

Also, for cocaine - nasal damage from snorting

Also, for methamphetamine - severe dental problems

CLUB DRUGS

Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
MDMA (METHYLENEDIOXYMETHAMPHETAMINE)	Ecstasy, Adam, clarity, Eve, lovers' speed, Molly, peace, uppers	I/swallowed, snorted, injected
FLUNITRAZEPAM***	Rohypnol (date rape drug): forget-me pill, Mexican Valium, R2, roach, Roche, roofies, roofinol, rope, rophies	IV/swallowed, snorted

CLUB DRUGS

GHB***	Gamma-hydroxybutyrate: G, Georgia home boy, grievous bodily harm, liquid ecstasy, soap, scoop, goop, liquid X	I/swallowed
--------	---	-------------

Acute Effects:

MDMA - mild hallucinogenic effects; increased tactile sensitivity, empathic feelings; lowered inhibition; anxiety; chills; sweating; teeth clenching; muscle cramping

Flunitrazepam - sedation; muscle relaxation; confusion; memory loss; dizziness; impaired coordination

GHB - drowsiness; nausea; headache; disorientation; loss of coordination; memory loss

Health Risks:

MDMA - sleep disturbances; depression; impaired memory; hyperthermia; addiction

Flunitrazepam - addiction

GHB - unconsciousness; seizures; coma

DISSOCIATIVE DRUGS

Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
KETAMINE	Ketalar SV: cat Valium, K, Special K, vitamin K	III/injected, snorted, smoked

DISSOCIATIVE DRUGS

PCP AND ANALOGS	Phencyclidine: angel dust, boat, hog, love boat, peace pill	I, II/swallowed, smoked, injected
SALVIA DIVINORUM	Salvia, Shepherdess's Herb, Maria Pastora, magic mint, Sally-D	Not scheduled/chewed, swallowed, smoked
DEXTROMETHORPHAN (DXM)	Found in some cough and cold medications: Robotripping, Robo, Triple C	Not scheduled/swallowed

Acute Effects: Feelings of being separate from one's body and environment; impaired motor function

Also, for ketamine - analgesia; impaired memory; delirium; respiratory depression and arrest; death

Also, for PCP and analogs - analgesia; psychosis; aggression; violence; slurred speech; loss of coordination; hallucinations

Also, for DXM - euphoria; slurred speech; confusion; dizziness; distorted visual perceptions

Health Risks: Anxiety; tremors; numbness; memory loss; nausea

HALLUCINOGENS

Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
-----------------------------	---------------------------------------	-----------------------------------

HALLUCINOGENS

LSD	Lysergic acid diethylamide: acid, blotter, cubes, microdot, yellow sunshine, blue heaven	I/swallowed, absorbed through mouth tissues
MESCALINE	Buttons, cactus, mesc, peyote	I/swallowed, smoked
PSILOCYBIN	Magic mushrooms, purple passion, shrooms, little smoke	I/swallowed

Acute Effects: Altered states of perception and feeling; hallucinations; nausea

Also, for LSD and mescaline - increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness; dizziness; weakness; tremors; impulsive behavior; rapid shifts in emotion

Also, for psilocybin - nervousness; paranoia; panic

Health Risks: Also, for LSD - Flashbacks, Hallucinogen Persisting Perception Disorder

OTHER COMPOUNDS

Substances: Category & Name	Examples of Commercial & Street Names	DEA Schedule*/ How Administered**
--------------------------------	---------------------------------------	-----------------------------------

OTHER COMPOUNDS

ANABOLIC STEROIDS	Anadrol, Oxandrin, Durabolin, Depo-Testosterone, Equipoise: roids, juice, gym candy, pumpers	III/injected, swallowed, applied to skin
INHALANTS	Solvents (paint thinners, gasoline, glues); gases (butane, propane, aerosol propellants, nitrous oxide); nitrites (isoamyl, isobutyl, cyclohexyl): laughing gas, poppers, snappers, whippets	Not scheduled/inhaled through nose or mouth

Acute Effects

Steroids - no intoxication effects; high blood pressure; blood clotting and cholesterol changes; liver cysts; hostility and aggression; acne; in adolescents—premature stoppage of growth; in males—prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females—menstrual irregularities, development of beard and other masculine characteristics
 Inhalants - (varies by chemical) stimulation; loss of inhibition; headache; nausea or vomiting; slurred speech; loss of motor coordination; wheezing

Health Risks:

Steroids - high blood pressure; blood clotting and cholesterol changes; liver cysts; hostility and aggression; acne; —in adolescents premature stoppage of growth; in males—prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females—menstrual irregularities, development of beard and other masculine characteristics
 Inhalants - cramps; muscle weakness; depression; memory impairment; damage to cardiovascular and nervous systems; unconsciousness; sudden death

* Schedule I and II drugs have a high potential for misuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use; Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III and IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Some Schedule V drugs are available over the counter.

** Some of the health risks are directly related to the route of drug administration. For example, injection drug use can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis and other organisms.

*** Associated with sexual assaults.

Available Programs

Reconciliation Process

Students, staff or faculty who struggle with issues which violate the Drug and Alcohol policy are encouraged to seek support and help. Members of the University community may be fearful of asking for help, so the University established a Reconciliation Process. Through this process, community members can admit struggles, accept accountability for them, and receive the help and support needed to work through issues. If help is requested, members will be asked to abstain from the behavior and may be asked to sign a behavioral agreement and/or to seek professional help. When members request to be part of this process, they will not be disciplined for the behavior(s) requested Amnesty for, which occurred prior to beginning the process, but you will have to embrace the change process. The University will help members through counseling, mentoring, discipleship programs, accountability software, behavioral agreements and more. Members who wish to have more information on the amnesty process must speak directly with the Director of Student Life or Human Resources. Community members also must be honest, cooperative, compliant with amnesty requirements, and demonstrate a true desire to change

Counseling Services

OCU has contracted with Timely MD to provide Ohio Christian Care to every traditional student. Each student receives 12 free virtual counseling sessions. If for some reason a student doesn't feel that this meets their needs they can contact Student Development at studentdev@ohiochristian.edu to request in-person/on-campus counseling. This will require an in-person meeting to determine need on a case-by-case basis.

Hotlines

Local

Pickaway Area Recovery Services: (740)-477-1745

Scioto Paint Valley MHC- Pickaway County Clinic: (740)-477-2579

National

National Helpline: Center for Substance Abuse Treatment: (800)-662-4357

National Alcoholism and Substance Abuse Information Center: (800)-784-6776

Disciplinary Sanctions

Employee Sanctions

Employees who violate this drug and alcohol policy may be disciplined or terminated, even for a first offense. Violations include refusal to consent to and comply with testing procedures as described.

Student Sanctions

Alcohol Offenses

For a first offense of the alcohol policy, students shall be subject to disciplinary sanctions ranging from substance abuse counseling, community service, campus restriction, curfew restriction, mentoring, athletic suspension, to immediate dismissal. For repeat offenses, depending on the incident, a student faces dismissal from the institution. For a list of student disciplinary sanctions, please refer to the Student Handbook, starting on page 44.

https://my.ohiochristian.edu/sites/default/files/attachments/OCU%20Student%20Handbook%202019-2020%20version%20090419_final.pdf

Drug offenses

For a first offense of a direct violation of the drug policy, student may be subject to immediate dismissal. If a suspected student is subjected to a drug test, and the student fails the drug test, a first offense may result in required substance abuse counseling and regular follow-up testing at student's cost. Second Offense of a failed drug test may result in dismissal from Ohio Christian University. Students arrested for a drug offence may be dismissed from the program. For a list of student disciplinary sanctions, please refer to the Student Handbook, starting on page 44. Please refer to the link above.

Drug-Related Convictions and Financial Aid

If a student is convicted of a drug-related felony or misdemeanor that took place while receiving federal student aid, eligibility for future funds will be impacted according to the chart below:

Drug-Related Convictions and Financial Aid		
OFFENSE	POSSESSION OF ILLEGAL DRUGS	SALE OF ILLEGAL DRUGS
First Offense	1 year of ineligibility from the date of conviction	2 years of ineligibility from the date of conviction
Second Offense	2 years of ineligibility from the date of conviction	Indefinite period of ineligibility
Third (or more) offense	Indefinite period of ineligibility	Indefinite period of ineligibility

Students can have the period of ineligibility shortened by:

- Successfully completing an approved drug rehabilitation program that includes passing two unannounced drug tests
- Passing two unannounced drug tests administered by an approved drug rehabilitation program
- Having the conviction reversed, set aside, or otherwise rendered invalid

A student regains eligibility for federal student aid the day after the period of ineligibility ends or when documentation is submitted confirming one of the above events have occurred. If a student regains eligibility by any means during an academic year, he or she may receive Federal Direct Loans for the full academic year and can receive all other federal aid for the current payment period.

An approved drug rehabilitation program must include two unannounced drug tests AND meet at least one of the following:

- Qualified to receive funds directly or indirectly from a Federal, State or local government program
- Qualified to receive payment directly or indirectly from a Federally or State-licensed insurance company
- Administered or recognized by a Federal, State or local government agency or court
- Administered or recognized by a Federally or State-licensed hospital, health clinic or medical doctor.

It is the student's responsibility to ensure that unannounced drug testing is part of the treatment as not all programs include this. Additional information is available by calling the Federal Student Aid Information Center at 1-800-4-FED-AID

(1-800-433-3243).